



Organic Kids

Le “LUXE” Menu, Part Deux

WEEK 1

WEEK 2

Infant Substitution (when noted)			
MONDAY	48 Hour Greek Marinated Grilled Boneless, Skinless Breast of Chicken		
	Hot Mixed Vegetables	●●	
	Couscous Royale		
	Fruit Spotlight: Organic Fruit of the Day	○	Homemade Apple Sauce
	Organic 2% Milk	○	
VEGETARIAN: Greek Marinated Gardein Chicken			
TUESDAY	Chef's Reserve Herb Crusted Beef Roast		
	100% Real Fluffy Potato Cloud		
	Summer Corn Nectar Kernels		
	Fruit Spotlight: Banana Day		Homemade Apple Sauce
	Organic 2% Milk	○	
VEGETARIAN: Vegetarian Crusted Beef Loaf			
WEDNESDAY	Battered Pollock - Tempura Style		
	Sweet Corn & Tender English Peas	●	
	Rice Pilaf		
	Fruit Spotlight: Organic Fruit of the Day	○	
	Organic 2% Milk	○	
VEGETARIAN: Vegetarian Bites			
THURSDAY	Fresh Ricotta & Spinach Stuffed Cannelloni		
	with a Fire Roasted Red Pepper Tomato Emulsion		
	Italian Garden Green Salad	●	Carrots, Corn & Peas
	French Baguette		
	Fruit Spotlight: Orange Day	○	Homemade Apple Sauce
Organic 2% Milk			
FRIDAY	Stone Baked Margherita Thin Crust Pizza		
	Organic Italian Spinach Wedding Soup with Mini Meatballs	○	●
	Fruit Spotlight: Organic Fruit of the Day	○	Assorted Diced Fruit
	Organic 2% Milk	○	
VEGETARIAN: Italian Organic Spinach Wedding Soup			

○ = Organic ● = Green Vegetables ● = Orange Vegetables

Infant Substitution (when noted)			
MONDAY	Boneless, Skinless Breast of Chicken		
	Stuffed with Cheddar & Herb Stuffing		
	Seasonal Mixed Vegetables	●●	
	Fruit Spotlight: Organic Fruit of the Day	○	Homemade Apple Sauce
	Organic 2% Milk	○	
VEGETARIAN: Gardein Chicken stuffed with a Cheddar & Herb Stuffing			
TUESDAY	Petite Brioche Roast Beef Sliders with Garlic Aioli		
	Floret Medley, Cauliflower & Broccoli, Baby Carrots	●●	
	Fruit Spotlight: Pears	○	Homemade Apple Sauce
	Organic 2% Milk	○	
VEGETARIAN: Petite Brioche Plant Based Aioli Sliders			
WEDNESDAY	Organic Bronze Die Elicoidali Pasta & Chicken Toss		
	Served in an Alfredo Sauce		
	Green Beans	●	
	Fruit Spotlight: Organic Fruit of the Day	○	Homemade Apple Sauce
	Organic 2% Milk	○	
VEGETARIAN: Organic Bronze Dye Pasta & Tofu Toss in Alfredo Sauce			
THURSDAY	Sourdough Round with Chicken & Provolone		
	Gourmet Vegetable Barley Medley	●●	
	Fruit Spotlight: Banana Day	○	Assorted Diced Fruit
	Organic 2% Milk	○	
VEGETARIAN: Sourdough Round with Chickpea Spread & Provolone			
FRIDAY	Artisan Chicken Breast Stack Sandwich		
	Accompanied by Lettuce & Tomato	●●	
	Creamy Herbed Pasta Salad		
	Fruit Spotlight: Organic Fruit of the Day	○	Homemade Apple Sauce
	Organic 2% Milk	○	
VEGETARIAN: Vegetarian Grilled Stack Sandwich			

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In Comparison To Other School Caterers, We Always Say **YES** To:

- The Most **Organic** Items
- The Most Farmed **Local** Items
- **Whole Grain** Products
- **Organic** 2% Milk, Juices, Soy & Rice Flavoured Beverages
- 100% Transparency & Honesty
- The Most Variety & Choice of Hand-Selected **Organic** Fruits & **Organic** Vegetables
- Fresh High-End Beef
- Fresh, Never Frozen, Grain-Fed, Air-Chilled Chicken.

We Always Say **NO** To:

- Exotic or Misleading Words and Statements known as “Green Washing”
- Terms such as “Whenever Possible”, “Assume” or “Practically”

NOW SERVING

- Boneless, Skinless Breast of Chicken. **FRESH** Not IQF
- 100% Canadian Lean Whole & Ground Beef
- Gardein Plant Based Products
- Brioche & Sourdough Breads